

Canadian Paraplegic Association (Manitoba) Inc.

Mission: To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Living Life to the Fullest



Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

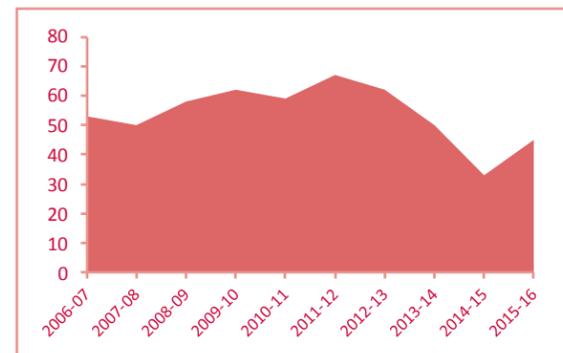
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



45 new SCI between April 1, 2015 and March 31, 2016.

- 23 traumatic, 22 non-traumatic
- 27 paraplegia, 18 tetraplegia
- 15 complete, 30 incomplete injuries
- 35 aged 15 to 65 and 10 aged 65 and over
- 33 male, 12 female
- 34 non-Aboriginal, 11 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 10,889 client services outputs during the year for 483 clients (see Services Table).

Services Table

Type of Service:	# of Services Provided:	% of Total Services Provided:
Accommodation	536	5%
Education/Vocational	1119	10%
Employment/Vocational	587	5%
Equipment & Supplies	568	5%
Family & Other Significant Relationships	341	3%
Financial	463	4%
Health & Wellness	3507	32%
Legal Issues	62	1%
Recreation & Leisure	56	1%
Sexuality	22	1%
Transportation	129	2%
Overall Services Coordination/Quality Assurance	3499	31%
TOTALS:	10,889	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Life After Spinal Cord Injury manual
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries manual
- Guide to Pressure Ulcer Prevention manual
- Children's book "...so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families manual
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- City of Winnipeg Access Advisory Committee
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Manitoba Spinal Cord Injury Research Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Barrier-Free Manitoba Initiative
- Rehabilitation resources to community, citizens, business, etc.
- Identification of presenters to schools and other community systems
- Assembly of Manitoba Chiefs
- Behavioural Health Foundation of Manitoba
- Aboriginal Centre
- Addictions Foundation of Manitoba
- Individual Employers
- Winnipeg Regional Health Authority—Wound Care Committee, Clinical Nurse Specialist, Home Care, Community Infection Prevention & Control, Nurse Educator for Home Care Nursing, Home Care Support Team
- Health—Regional Policy and Programs Acute, Tertiary & Special Care
- Community Area Directors—Winnipeg Integrated Services
- United Way of Winnipeg
- Disabilities Issues Office of Manitoba
- Assistive Technology, Health Sciences Centre
- Manitoba Employment Equity Practitioners Association of Manitoba
- Old Grace Hospital Housing Co-op
- St. Benedicts Retreat Centre
- SouthEastern Literacy Service
- Volunteer Association of Manitoba
- Grace Hospital (PANSU) and Occupational Therapy
- Geriatric Mental Health Team
- Riverview Health Centre
- Legal Aid
- Reg Toews—Home Care Review
- Winnipeg Airport Authority
- Honourable Sharon Blady, Manitoba Minister of Health
- Civil Service Commission
- Canada Pension Plan
- Community Financial Counselling
- Residential Tenancy Branch
- Clinic
- Farmers with Disabilities
- Red River College
- University of Winnipeg
- University of Manitoba
- Jobworks



2015/16 Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

President and Executive Director's Report

The 2015/2016 fiscal and operating year has been a stable and successful one in allowing CPA Manitoba to continue to focus on planning for the future even as we continue our work to help Manitobans with spinal cord injuries meet the challenges they face, and as we work to address their concerns.

As we have previously reported, the Board completed a process of strategic planning and review in 2015. We followed a process of looking at strengths and weaknesses within the organization, and identified threats and opportunities.

There was broad agreement that the client demographic is changing, that health care services delivery models, methodologies, and philosophies are changing in sometimes dramatic ways.

Subsequent to that strategic review, we have continued to look at ways of addressing the new operating reality wherein we no longer have an integrated presence at the Health Sciences Centre Rehabilitation Hospital, which has reduced our visibility and access to newly injured SCI patients. This continues to pose a challenge in that the organization no longer enrolls the number of newly injured SCI patients as new members that it was once able to. While there are reasons for optimism in our efforts to engage with newly injured SCI patients, there is still much work to do. We view this work as vitally important for several reasons we have outlined in the past: newly injured SCI patients no longer have immediate access to CPA services, which has an impact on discharge planning and patient transition to the community; potential adverse impact on quality of life and health outcomes for patients; and difficulties in the ability of the organization to enroll the members who require services for which the organization is funded.

Given that there is little chance of a return to the past model of integrated participation with the Health Science Centre Rehabilitation Hospital SCI team, we must find new and innovative ways to meet newly injured SCI patients to provide them with support, and engage with key stakeholders. To that end; as a follow up to our strategic review planning process, we are engaging in activities to collect information from stakeholders and to review and make any necessary changes to raise the profile of the organization in the community. It is our goal to make CPA Manitoba more easily accessible and easier to find for people with a spinal cord injury in our community, as well as their families and extended networks.

While not an organizational risk at present, funding remains a longer-term issue that requires our continued vigilance. The organization must continue to innovate as the operating environment changes, and as we continue to seek ways of connecting with those people who – while in need of the services and support offered by CPA Manitoba, are unaware of our existence. Stable funding depends on ensuring the organization remains relevant and continues to serve the needs of individuals living with SCI as well as we have.

We remain confident the outstanding quality of the services we offer, and the high caliber of the staff delivering those services will continue to meet and exceed the expectations of both our funders and our members. This strong foundation will aid CPA Manitoba as we continue: to identify and implement strategies to raise the profile and brand awareness of the organization; to more efficiently connect with those having sustained new spinal cord injuries while maintaining service to existing members; and to build partnerships with – and innovate alongside – a rapidly evolving health care system.

In summary, we are pleased to be able to report that CPA Manitoba continues to address timely issues at the direction of the Board, and staff continued to deliver the high-level, quality services that have become the hallmark of CPA Manitoba, and an example to the rest of the country.

Our continuing partnership with the Rick Hansen Foundation, in the second iteration of the Government of Manitoba “Going Forward Together” Agreement, has allowed us to focus on building our staff strength in support of frontline service delivery.

As in the past; in the interests of our members, we continue to

build and strengthen our relationships with our partners in the healthcare system and we continue to give a constructive voice to concerns regarding systemic issues and corresponding opportunities for improvement.

An emerging issue that will no doubt capture attention in the coming years is that of access to transitional housing for CPA members who are discharged from hospital to the community. While we realize this is part of a larger community issue with affordable and accessible housing, we will continue to give voice to the concerns of our members and to play a role, where possible, in finding solutions.

The success of addressing the many challenges with limited resources is a result of the strong support of the Board of Directors, through its involvement in the Programs & Community Relations Committee and the Operations Committee; staff, through their dedication to providing quality services; and the staff and volunteers, who serve on other community committees and collaborate with CPA Manitoba. Our staff at CPA Manitoba are second to none, and we are proud to be a part of the organization with them.

Highlights of some of the accomplishments of the past year include:

- The completion of a strategic review and planning process to help guide the organization over the longer-term future with an emphasis on raising awareness of CPA.
- Continuing to build linkages and relationships with Manitoba Health as a new contributor to the extended funding from the Government of Manitoba. This Ministry’s investment further demonstrates the Government of Manitoba is responding to the healthcare issues of Manitobans with SCI.
- Continued investments in staff and organizational development that support our staff and management, ensuring quality services continue to be provided by qualified staff.

We sincerely appreciate the continued financial support of our funding partners, sponsors and supporters. We thank our current and retiring Board Members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality to assist Manitobans with spinal cord injuries. We cannot say enough about their contributions, their support, and their obvious commitment.

—John Wallis and Ron Burky

CPA (Manitoba) Inc. Board of Directors

Patti Bonas*— <i>Vice President</i>	JoAnn Morrissey
Art Braid*— <i>Executive</i>	Barbara Rapson
Pauline Day	Leonard Steingarten*— <i>President</i>
Corrine Deegan*	Adam Terwin— <i>Treasurer</i>
Ron Fortier	Tim Toor
Jeannette Gougeon	Lynda Walker
Lyall Hallick	John Wallis— <i>Past President</i>
Dan Joannis*	John Wyndels*

CPA (Manitoba) Inc. Staff

Ron Burky — Executive Director
 Darlene Cooper — Director of Rehabilitation Services
 Adrienne Conley — Executive Assistant
 John Powell — Accounting Officer
 Maria Cabas — Rehabilitation Counsellor
 Laurence Haien — Senior Rehabilitation Counsellor
 Willie Ducharme — Project Coordinator
 Gail Burnside — Rehabilitation Counsellor
 Stefan Kliewer — Rehabilitation Counsellor
 Jackie Armes — Rehabilitation Counsellor
 Agnieszka Szymanowicz — Rehabilitation Counsellor
 Faiza Malik — Rehabilitation Counsellor
 Dave Brown — Rehabilitation Counsellor

*paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2016

Financial Position

	March 31, 2016	March 31, 2015
Assets		
Cash	\$173,640	\$258,341
Accounts receivable	62,773	190,588
Prepaid expenses	18,033	14,210
Fixed assets	9,932	3,678
Trust assets	435,323	165,022
	\$699,701	\$631,839
Liabilities and Net Assets		
Accounts payable and accrued	\$35,723	\$22,384
Government remittances	9,487	6,434
Accrued vacation pay	58,231	41,526
Deferred revenue	40,011	49,021
Funds held in trust	16,085	43,677
Trust liabilities	435,323	165,022
Net assets	104,841	303,775
	\$699,701	\$631,839

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2016, and the summary statement of revenue and expenses and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2016. We expressed a modified audit opinion on those financial statements in our report dated June 21, 2016. The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, “Engagements to Report on Summary Financial Statements”.

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2016 are a fair summary of those financial statements. The audit report on our summary financial statements is modified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our modified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2016 and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations. DELOITTE & TOUCHE LLP—Chartered Accountants
 Winnipeg, Manitoba—June 21, 2016

Revenue and Expenses and Changes in Net Assets

	2016	2015
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$290,432	\$290,432
United Way of Winnipeg	131,771	131,987
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	20,000	20,000
Rick Hansen Foundation		
Quality of Life Grant	9,010	9,721
	509,110	510,037
Fees for service – trust	15,000	13,333
Miscellaneous	18,832	27,309
Recovery of equip. & training costs from/on behalf of paraplegics	60,781	53,289
Total revenue	603,723	603,968

Expenses

Amortization of fixed assets	5,302	3,433
Rehabilitation Services Program	411,386	401,739
Advocacy/Information Program	116,178	115,206
Vocational assistance	60,781	53,289
Quality of Life Grant	9,010	9,721
Total expenses	602,657	583,388

Excess of Revenue over Expenses before Transfer	1,066	20,580
Transfer to Manitoba Paraplegia Foundation Inc.	200,000	—

(Deficiency) Excess of Revenue Over Expenses	(198,934)	20,580
Net Assets, beginning of year	303,775	283,195
Net Assets, end of year	\$104,841	\$303,775

A complete set of financial statements and Auditor's Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2015/2016 year ending with an Excess of Revenue over Expenses of \$1,066. After a \$200,000 transfer to the Manitoba Paraplegia Foundation Inc., we show a deficit of \$198,934.

Our revenue was very consistent with the prior year, thanks to steady support from CPA Manitoba's key funders.

Our expenses showed an increase of \$19,260. Our key expenditures on the Rehabilitation Programs and Advocacy Programs were consistent with the prior year. There was an increase in salaries over the previous year of \$20,094 due to two additional staff hired in October 2015 and April 2016.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Patricia & Dieter Bonas
- Frank Borowski
- Fred Boyko
- Arthur Braid
- Corrine Deegan
- Sandra Doerksen
- Marjorie Dyck
- Greg Erlendson
- Dr. Karen Ethans
- Ernie Hasiuk
- Lloyd Judd
- Keith G. Collins Ltd.
- Walter Kiryluk
- Paul MacDonald
- Derek Legge & Kay Stewart
- Barbara Millward
- Rudy Niebuhr
- Jim Richardson
- George Silar
- Clare Simpson
- Calvin Sinclair
- Joseph Smithson
- Spinal Cord Research Centre—U of M
- Leonard Steingarten
- Harold Swick
- June Thomson

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing CPA clients and members of research participation opportunities.