

Canadian Paraplegic Association (Manitoba) Inc.

Mission Statement:

To assist persons with spinal cord injury and other physical disabilities to achieve independence, self-reliance and full community participation.



CPA member Allen Lasko officially receives his Invacare chair. CPA Manitoba's team was awarded the chair for winning the Invacare Challenge (top fundraising team) during Wheels In Motion 2004. From left to right: Audrey McIlraith (front), Don Clarkson (back), Allen Lasko (front), Brian Alden (back) and Lorne Chartrand (front).



Participants and family enjoy the first ever Reclaiming Selfhood Christmas party at the Rehab.

President and Executive Director's Report

CPA (Manitoba) Inc. has had another busy year, with both Board and staff working hard to maximize quality service delivery within financial provisions.

The Board of CPA Manitoba has continued to focus its efforts on our three strategic priorities: enhancing public image, expansion of services, and professionalism. Through two major standing committees, we have met a number of our objectives over the past fiscal year.

The Programs and Community Relations Committee, which includes three CPA staff members, has covered a lot of ground this year. Its work has included:

- establishing stronger ties with Children's Rehab Hospital and acute care centres to facilitate awareness of and referrals to CPA
- collaborating with Ten Ten Sinclair Housing Inc. and the WRHA to explore housing/transition options for newly injured persons from the Rehab Hospital
- planning for enhanced membership renewal and benefits program
- reviewing of client survey findings to evaluate service outcomes as per our agreement with United Way of Winnipeg
- planning for the development of a video to inform newly injured persons about the roles of the various disciplines that assist them in the rehabilitation process
- enhancing our presence in the Westman Region by inputting on the Terms of Reference for the developing Westman Advisory Committee (which will approve Walk 'n Roll funding for projects/services in Westman Region).

The Operations Committee focused on the administrative and financial elements of the organization and had an equally busy year. Its work has included:

- fund development activities resulting in the approval of the Chocolate Almond fundraising program, development of the Terms of Reference for the Westman Advisory Committee and establishment of a CPA fundraising sub-committee as well as a 60th Anniversary planning ad-hoc committee which will be celebrated in 2006.
- meeting with several funders (involving Board members and CPA management) to advocate and solicit additional financial support to address increasing demands for service and existing gaps in services in Manitoba
- developing a respectful Workplace Policy and revising a number of other personnel policies, all approved by the Board in the past year.

CPA continuously supports professional development opportunities for its staff. We are proud to be a part of a team of staff and volunteer Board members who remain dedicated, caring and committed to improving the lives of people with spinal cord injury. We thank you all for your tremendous effort.

We also want to extend our sincerest appreciation to our partners, supporters and funders. Thank you for recognizing the needs, potential and contributions of Manitobans with spinal cord injury and supporting the mandate and mission of our organization.

- Ernie Hasiuk and Audrey McIlraith

What is Spinal Cord Injury?

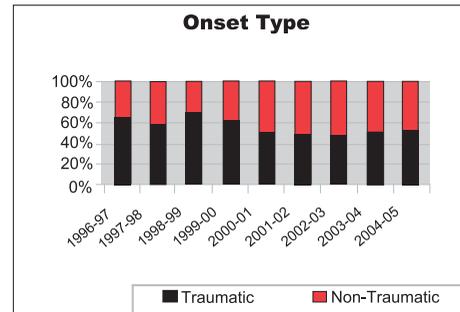
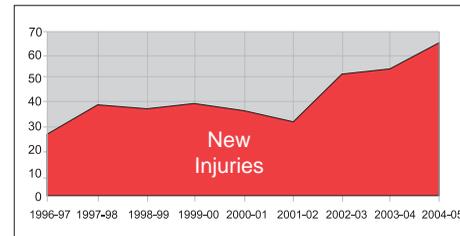
SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with *paraplegia* has paralysis in the lower extremities and part of the torso.
- A person with *tetraplegia* has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries

64 new SCI between April 1, 2003 and March 31, 2004. Of these (some statistics unavailable*)

- 28 were traumatic, 34 non-traumatic*
- 38 were paraplegic, 25 were tetraplegic
- 15 were complete, 48 were incomplete*
- 20 were aged 35 and under, 43 were over 35 years old*
- 45 were male, 19 were female
- 49 were non-Aboriginal, 15 were Aboriginal



The Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) and similar disabilities in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages self-help efforts to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. aspires to fulfill its Mission through the delivery of six Core Services.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from injury through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational alternatives and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

CPA provides comprehensive and relevant information for stakeholders that include individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

Outcomes

Outcomes are the *changes or benefits* to those being served occurring as a result of program outputs/activities (CPA's Core Services). The outcomes usually relate to changes in knowledge, skill, attitude, values, behavior, or capacity to function.

The following outcomes are critical to the fulfillment of CPA's Mission.

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity for **independence, self-reliance** and interdependent functioning.

Persons with spinal cord injuries (and other physical disabilities) will experience increased **inclusion and integration** as equal and valued participants in all aspects of society.

Persons with spinal cord injuries (and other physical disabilities) will live in **communities** that are more **accessible** i.e., have fewer architectural, attitudinal, and systemic barriers, and are more responsive to the needs of persons with disabilities.

Persons with spinal cord injuries (and other physical disabilities) will have increased access to **educational and employment** opportunities in order to reach for and achieve their full potential.

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity for physical, spiritual, social and emotional **health and well-being**.

Persons with spinal cord injuries (and other physical disabilities) will receive support required for their own adjustment and that of their **families**.

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity to attain **economic security**.

Indicators

Indicators are a series of results whose achievement represents milestones towards the outcomes; they represent how well a program is doing and whether the outcomes have been achieved. CPA monitors indicators through the following:

- Computerized Case Management System
- Stakeholder Feedback e.g., a Client Survey
- Client Services Needs Assessment
- Other Data Collection



Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

Outputs- Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed the following client services outputs during the year for 578 clients.

Type of Service:	Number of Services Provided:	Percentage of Total Services Provided:
Accommodation	936	11.29
Education/Vocational	375	4.52
Employment/Vocational	488	5.90
Equipment & Supplies	672	8.11
Family & Other Significant Relationships	166	2.00
Financial	483	5.83
Health & Wellness	535	6.45
Legal Issues	38	.46
Overall Services		
- file management		
- develop rehab plan (case conceptualization)	3586	43.25
- progress notes		
Quality Assurance	547	6.60
- manage client services		
Recreation & Leisure	119	1.44
Sexuality	27	.33
Supports for Independence	173	2.09
Transportation	142	1.71
TOTALS:	8291	100

Outputs- Information Services

In addition to information offered on CPA's website, CPA provides information resources for its 950 clients/members and other SCI stakeholders, including:

- ParaTracks (provincial newsletter)
- Total Access (CPA National magazine)
- Life After Spinal Cord Injury manual
- Guide to Pressure Ulcer Prevention
- Brochures, articles, videos about SCI issues
- SCI Workforce Participation Survey Report

Outputs- Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year including:

- exploration of attendant services provisions
- Universal Design Committee for new airport terminal
- The City of Winnipeg Accessibility Award (*winners: Government - ACCESS River East; Residential: Single Family Dwelling; Non-Profit Project: Grosvenor School Playground*)
- Support for Court Challenge on National Building Code
- Joint Community and Government Members Committee on Disability- Related Employment and Income Assistance Issues
- WRHA's Wheeled Mobility Steering Committee
- Handi-Transit Policy Advisory Committee
- soliciting (and obtaining) political intervention on federal employment and housing initiatives
- Rick Hansen Solutions in Motion Alliance - input on national SCI strategy to accelerate quality of life improvements

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.

2004/05 CPA (Manitoba) Inc. Staff

- * Audrey McIlraith - MSc, BRS, Executive Director
- Darlene Cooper - BSW, ARP, CCRC, Director of Rehabilitation Services
- * Lorne Chartrand - BA, Dip. Comm, Communications & Public Education Coordinator
- Adrienne Conley - Executive Assistant
- Roslyn Dooley - Accounting Officer
- Yvette Rivera-Colmant - MSW, Rehab Counsellor
- * Greg Winmill - ARP, Rehab Counsellor
- Pauline Wood Steiman - BA, Rehab Counsellor
- * Dan Joannis - BRS, Rehab Counsellor
- * Colin Mathieson - Community Resource Specialist (Barrier Free Design/ Recreation)

2004/05 CPA (Manitoba) Inc. Board of Directors

- | | |
|-------------------------------|----------------------------------|
| *Regan Block | Ernie Hasiuk - President |
| *Art Braid - Executive | Ruth Hogue |
| Andrew Carrier | *Randy Komishon - Past President |
| *Corrine Deegan | *Earl McArthur |
| *Bill Delorme | Rudy Niebuhr - Executive |
| *George Dyck | *Leonard Steingarten - Treasurer |
| Dr. Karen Ethans | Lynda Walker |
| Ed Giesbrecht- Vice President | *John Wyndels |

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2005

Financial Position		
	2005	2004
Assets		
Cash	\$ 103,187	\$ 66,895
Accounts receivable	76,813	87,476
Fixed assets	22,438	21,414
	\$ 202,438	\$175,785
Liabilities and Net Assets		
Accounts Payable and accrued liabilities	\$ 24,464	\$ 46,303
Accrued vacation pay	37,823	30,087
Deferred revenue	64,674	23,083
Net assets	75,477	76,312
	\$ 202,438	\$175,785

Auditors' Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summarized statement of financial position and statement of revenue and expenses and net assets are derived in the complete financial statements of the Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2005 and for the year ended on which we expressed an opinion without reservation in a report dated June 10, 2005. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guidelines of the Canadian Institute of Chartered Accountants, is to report on the summarized financial statements.

In our opinion, the accompanying financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guideline above.

These summarized financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on the entity's financial position, results of operations and cash flows reference should be made to the related complete financial statements.

DELOITTE & TOUCHE LLP
Chartered Accountants
Winnipeg, Manitoba
June 10, 2005

Revenue and Expenses and Net Assets

	2005	2004
Revenue		
Grants and contracted revenue		\$234,600
Province of Manitoba	\$ 238,000	69,757
Health Canada	71,494	104,000
United Way of Winnipeg	106,080	
Winnipeg Regional Health Authority	54,928	54,928
Workers Compensation Board	20,000	20,000
CPA National project grants	71,609	11,998
Aboriginal Healing Foundation	1,563	33,185
Manitoba Paraplegia Foundation Inc.	24,653	11,412
Winnipeg Foundation	27,500	51
Rick Hansen Foundation	5,593	2,166
Manitoba Community Services Council	-	3,334
	621,420	545,431
Fees for service - MPI & other	24,668	70,479
Miscellaneous	30,105	25,197
Recovery of equip. & training costs from/on behalf of paraplegics	35,198	56,379
Total revenue	711,391	697,486
Expenses		
Amortization	19,647	18,169
Rehab. Services Program		
Salaries & expenses	505,833	486,467
Vocational Assis.	35,198	56,470
Advocacy/Information Program	151,548	136,330
Total expenses	712,226	697,436
(Deficiency) Excess of Revenue over Expenses	(835)	50
Net Assets, Beginning of Year	76,312	76,262
Net Assets, End of Year	\$ 75,477	\$ 76,312

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am reporting that the 2004/05 year ended with a Deficiency of Revenue over Expenses of \$835.00.

Our *Total revenue* increased by \$13,905 compared to the previous year, primarily due to support in the amount of \$71,609 from CPA National projects (federal Opportunities Fund program), and grants from The Winnipeg Foundation (\$27,500) and Manitoba Paraplegia Foundation Inc. (\$15,000) to support the new position of Communications and Public Relations Coordinator. Also, Province of Manitoba's Family Services & Housing increased their support for our rehabilitation services, totaling \$238,000. Health Canada's First Nations & Inuit Health Branch increased support for First Nations, totaling \$71,494. The United Way of Winnipeg also increased their support for a total amount of \$106,080. The Winnipeg Regional Health Authority continued to support our in-hospital rehab services in the amount of \$54,928, and Workers Compensation Board of Manitoba funded \$20,000 for rehab services for persons injured through work. \$5,593 of the \$8,800 Rick Hansen Foundation grant from June 2004 Wheels in Motion event was allocated this year to support a pilot project for newly injured persons. The decision to end our fee-for-service program with Insurance companies resulted in \$24,668 revenues compared to \$70,479 in the prior year, as well as lower expense and cost recovery for client equipment and training.

Our *Rehab Services Program and Advocacy/Information Program* expenses increased by \$19,366 and \$15,218 respectively, primarily reflecting staffing costs for new programs. *Total expenses* increased by \$14,790 compared to the previous year.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services. I wish to thank our Accounting Officer, Roslyn Dooley for her hard work and dedication, and thank Bruce Jack, Louise Hunter, Michael Weedon, and John Guthrie of Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

- Leonard Steingarten, Treasurer

In addition to the funders mentioned above, CPA (Manitoba) Inc. wishes to thank its other grantors and donors, including the following sustaining, charter and patron donors:

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|------------------------|-------------------------------|
| • Art Braid | • Paul Williamson |
| • Irene Howard | • Corrine Deegan |
| • Myra Danielson | • Frank Borowski |
| • John Thorpe | • Dr. Karen Ethans |
| • Wayne Payette | • Patti & Dieter Bonas |
| • Marianne Bossen | • Derek Legge |
| • Randy Komishon | • Kay Stewart |
| • Kristine Cowley | • Arnold & Orpha Schryvers |
| • Beverly Lysyshin | • Canbrian Credit Union |
| • Harold Swalwell | • James Richardson |
| • James Richardson | • Leonard Steingarten |
| • Leonard Steingarten | • Spinal Cord Research Centre |
| • Louis & Marie Baltus | |